

## Interstitial Cystitis Survival Guide Your Guide To The Latest Treatment Options And Coping Strategies By Robert M Moldwin

"Presestimmen 'Comprehensive, thoroughly researched, and sensitively presented, this book gives up-to-the-minute information on every aspect of the disease. It is a pivotal and invaluable guide to surviving and beating IC. Thank you, Dr. Moldwin!' --Debra Slade, President of The national Bladder Foundation'Both newly diagnosed and long-suffering IC patients will find this book an outstanding information and reference resource. Each chapter is succinct, up-to-date, and complete. Medical professionals will constantly refer to this book as they counsel and treat patients with IC.' --Grannum R. Sant, M.D., Professor and Chairman, Department of Urology, Tufts University School of Medicine'Complete, accurate, and contemporary...the *Interstitial Cystitis Survival Guide* will serve as an excellent reference not only for the patient, but also those clinicians who are interested in treating this disease. Every aspect of this difficult clinical problem is discussed in depth with clear and concise organization. This is an excellent reference book answering many of the questions that arise both from physicians and patients. Certainly, this is a much-needed book that will inform many patients and assist the treating physician with modern thoughts and theories regarding etiology and treatment.' --S.Grant Mulholland, M.D., Professor and Chairman, Department of Urology, Thomas Jefferson Medical College Synopsis Interstitial cystitis (IC) is a chronic inflammatory condition of the urinary bladder that can have a devastating impact on the quality of life - both for the patient and their loved ones. The disease is often debilitating and may cause the patient to experience feelings of helplessness and despair. IC has been an enigma to the medical profession for a long time, the condition is still frequently misdiagnosed as an acute urinary tract infection or cystitis, a disorder that can be treated with antibiotics. Although there is no cure for IC, the past decade has seen remarkable progress in promoting awareness of the disease and in the development of techniques to manage and relieve symptoms. In their odyssey through the medical system, IC patients routinely come in contact with a battery of unfamiliar tests, and their doctors may prescribe a variety of medications or even suggest surgical interventions. This guide is designed to uncomplicate the process and empower readers to make sure that they are getting the most appropriate treatment for their condition. The author shows readers how to make a self-diagnosis, evaluates the latest medications and their side effects, and describes the latest, most up-to-date nonmedical and alternative strategies for managing and reducing symptoms. 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